

ABSTRACT OF THE DISCLOSURE

Generally, the current invention is a business method of hotel, resort or other multi-unit dwelling construction and operation centered around a fitness center. The central feature of the invention is a fitness center that is adjacent to, and thus, easily
5 viewed from, both the entrance to the hotel, resort or other multi-unit dwelling lobby and from the reception desk. Said fitness center is behind a glass or otherwise translucent material partition. The fitness center is amenable to any and all regional demands, consumer needs or construction and floor plan restraints.